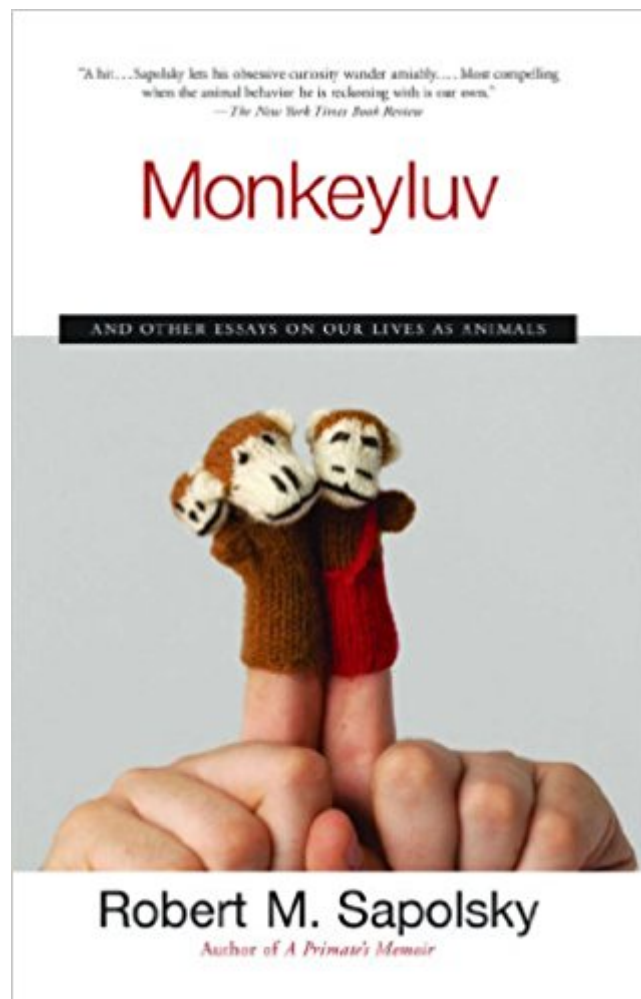




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# Monkeyluv: And Other Essays On Our Lives As Animals



## Synopsis

How do imperceptibly small differences in the environment change one's behavior? What is the anatomy of a bad mood? Does stress shrink our brains? What does People magazine's list of America's "50 Most Beautiful People" teach us about nature and nurture? What makes one organism sexy to another? What makes one orgasm different from another? Who will be the winner in the genetic war between the sexes? Welcome to Monkeyluv, a curious and entertaining collection of essays about the human animal in all its fascinating variety, from Robert M. Sapolsky, America's most beloved neurobiologist/primatologist. Organized into three sections, each tackling a Big Question in natural science, Monkeyluv offers a lively exploration of the influence of genes and the environment on behavior; the social and political -- and, of course, sexual -- implications of behavioral biology; and society's shaping of the individual. From the mating rituals of prairie dogs to the practice of religion in the rain forest, the secretion of pheromones to bugs in the brain, Sapolsky brilliantly synthesizes cutting-edge scientific research with wry, erudite observations about the enormous complexity of simply being human. Thoughtful, engaging, and infused with pop-cultural insights, this collection will appeal to the inner monkey in all of us.

## Book Information

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## Customer Reviews

Starred Review. There are many things one might expect to find within the covers of a collection of essays by a Stanford professor of biology and neurology: a rich understanding of the complexities of human and animal life; a sensitivity to the relationship between our biological nature and our environmental context; a humility in the face of still-to-be-understood facets of the human condition.

All these are in Sapolsky's new collection, along with something one might not expect: wry, witty prose that reads like the unexpected love child of a merger between Popular Science and GQ, written by an author who could be as much at home holding court at the local pub as he is in a university lab. In this collection (the majority of pieces ran in Discover, others in Men's Health, the New Yorker and Scientific American), Sapolsky ranges wherever his formidable curiosity leads, from genetic determinism as seen through the eyes of People magazine's "50 Most Beautiful People" to the reasons why crotchety old people are neurologically disinclined to like whatever passes for music among young people nowadays. Each essay brings its own unexpected delight, brief enough that you can dip a toe in, yet insightful enough to encourage you to pursue the topic further (and Sapolsky helpfully appends to each essay a list of suggested further readings). (Sept.) Copyright © Reed Business Information, a division of Reed Elsevier Inc. All rights reserved. --This text refers to an out of print or unavailable edition of this title.

"A combination of Oliver Sacks and David Foster Wallace. . . . Sapolsky is that professor whose classes were impossible to get into, the courses where the students had an infuriatingly good time while they were learning, the ones where the students were inspired to become scientists." (Los Angeles Times)"A hit. . . . Sapolsky lets his obsessive curiosity wander amiably . . . Chases after answers to such puzzles with jovial abandon." (New York Times Book Review)"The prose is perfectly pitched: Sapolsky writes in a jocular, entertaining style without ever pandering to the presumed ignorance of his readers. " (The Guardian (London))"Sapolsky ranges wherever his formidable curiosity leads . . . Each essay brings its own unexpected delight . . ." (Publisher's Weekly (starred review))

This book was required for my nursing school - BSN program. I feel the selection of books my program chose were all very informative, to the point and we used the books for the classes that required them. During nursing school most people do not know where their career will take them, there are so many options the RN has available, so building a strong foundation is essential to success in the field. Nursing books are not written to be entertaining they are for educational purpose only. This book definitely offered education. After you graduate school and chose a path then find the best reference book you can find and carry it with you until the day you retire. I always recommend the additional study guide to a book if one is available.

Brilliant!!

One of the best books ever.

Great book.

Sapolsky picks interesting topics, then writes with the kind of style that makes reading his books an entertaining, informative and fun experience. His topics have real-life implications that may make the reader think twice about some of the ways in which we behave.

Sapolsky is my all-time favorite author, as his other books bring science to my level with insight and humor. But this is the book that I give to people when they need short light reading, such as those who are ill, or attending one who is ill. If laughter is the best medicine, this is the Rx for what ails you!

If you don't think you will enjoy this book, please read the last essay and, no matter your age, I promise you that you will find this to be one of the best reads of your life. Period.

Thank you for carrying Sapolsky's books at a discount -- like the others, what a funny and curious read!

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